

Scottish Athletics Federation
National Cross Country Relays
Irvine 24/10/98
Young Athletes Female

1	City of Glasgow A	33.56	L MacPherson (7)	11.44	D Keir (2)	11.29	C Fagan (1)	10.43
2	Giffnock North AAC A	34.06	E Dorrian (4)	11.29	H Stevenson (1)	11.33	S Stevenson (2)	11.04
3	Kilbarchan AAC A	34.43	S Inglis (11)	12.02	J Queen (6)	11.40	D Smith (3)	11.01
4	Central AC A	34.53	F Thomson (2)	11.24	H Dodds (7)	12.36	J McCrorie (4)	10.53
5	Central AC B	35.02	F Chalmers (3)	11.29	L Douglas (3)	11.58	E Waterhouse (5)	11.35
6	Giffnock North AAC B	35.43	J Roche (10)	11.55	A McKenzie (4)	11.40	S McKenzie (6)	12.08
7	Fife AC A	35.59	A Rowe (16)	12.20	F Meek (11)	12.03	K Forbes (7)	11.36
8	Giffnock North AAC C	36.30	L Beattie (14)	12.11	Y Hamilton (12)	12.23	R Gardner (8)	11.56
9	City of Glasgow B	36.45	J Roche (21)	12.57	H Calderwood (15)	12.20	R Clark (9)	11.28
10	Babcock Pitreavie AAC A	36.46	S Lamont (1)	11.11	A Robertson (9)	12.55	N Thomson (10)	12.40
11	Fife AC B	37.02	F Muir (9)	11.55	F Urquhart (5)	11.42	A Frame (11)	13.25
12	Digital Ayr Seaforth AAC A	37.04	E Munro (12)	12.04	K Eager (18)	13.27	K Logue (12)	11.33
13	Kirkintilloch Olympians A	37.14	F Gentles (5)	11.35	V Ralton (10)	12.45	L Stirling (13)	12.54
14	City of Glasgow C	37.56	N Connelly (27)	13.46	E Blackwood (23)	12.40	M Cameron (14)	11.30
15	Digital Ayr Seaforth AAC B	37.58	M Stewart (18)	12.23	R Simpson (22)	13.39	N Haran (15)	11.56
16	Irvine AC B	37.59	K Stevely (22)	13.03	A Walker (19)	12.38	K Haddow (16)	12.18
17	Gleniffer High School A	38.01	L Docherty (13)	12.04	L Pattison (8)	11.56	L Sinclair (17)	14.01
18	JW Kilmarnock Harriers A	38.28	E Cooke (29)	14.44	J Mills (26)	11.54	K Bennett (18)	11.50
19	Irvine AC A	39.16	C Ferns (17)	12.22	C Hanvey (14)	12.51	L McAuley (19)	14.03
20	Kilbarchan AAC B	39.34	K Galbraith (25)	13.45	F Steel (29)	14.05	L MacIntosh (20)	11.44
21	Kwik Fit Corstorphine AC A	40.25	L Ferguson (24)	13.34	E Smith (20)	12.09	B Hope (21)	14.42
22	City of Glasgow D	40.57	S White (28)	14.39	J Muir (28)	12.33	A Reid (22)	13.45
23	Babcock Pitreavie AAC B	41.08	K Paterson (19)	12.26	A Falconer (27)	14.33	G Lowe (23)	14.09
	Giffnock North AAC D	25.06	F Noble (15)	12.11	C Birrell (13)	12.55		
	Kirkintilloch Olympians B	25.24	J Witchell (8)	11.54	L Urquhart (16)	13.30		
	Kirkintilloch Olympians D	25.29	K Stirling (6)	11.40	J Smith (17)	13.49		
	Kirkintilloch Olympians C	25.49	L Bowles (20)	12.50	M Douglas (21)	12.59		
	Giffnock North AAC E	26.33	L Scanlon (26)	13.46	K Kerr (24)	12.47		
	Inverclyde AC A	26.33	M Stirrat (23)	13.15	L McIntosh (25)	13.18		
	Kilbarchan AAC C	29.53	D Wilson (30)	15.45	L Burke (30)	14.08		
	Kilbarchan AAC D	15.47	S Brisco (31)	15.47				
	East Kilbride AAC A	16.26	L Allison (32)	16.26				

Young Athletes Male

1	Digital Ayr Seaforth A	29.35	T Boyd (2)	10.20	C Boyd (1)	9.22	P Rogers (1)	9.53
2	Fife AC A	29.42	G Noble (8)	10.54	A Murphy (4)	9.39	A Lemoncello (2)	9.09
3	Ron Hill Cambuslang H A	30.27	T Lamont (13)	11.08	A Stevens (5)	9.48	K Kealey (3)	9.31
4	East Kilbride AAC A	30.37	G Caskie (11)	11.04	S Matthews (7)	10.12	C Henderson (4)	9.21
5	Kwik Fit Corstorphine A	30.52	S Pilkington (9)	11.00	K Berry (6)	10.02	E Stark (5)	9.50
6	Gleniffer High School A	30.57	K McGregor (3)	10.33	G Darroch (3)	9.58	D Weaver (6)	10.26
7	Victoria Park AAC A	31.06	A Nixon (4)	10.37	M Harvie (14)	11.09	C Watson (7)	9.20
8	Central Athletic Club A	31.09	C Reynolds (20)	11.24	W Bucha (13)	10.20	R Russell (8)	9.25
9	Giffnock North AAC B	31.14	R Allan (10)	11.03	M Dorrian (9)	10.27	R Birrel (9)	9.44
10	Shettleston Harriers A	31.29	D Wallace (1)	10.05	J McLaren (8)	11.22	C Thomson (10)	10.02
11	Inverclyde AC A	31.38	G Murdoch (35)	12.28	C Doherty (21)	9.57	K McKenna (11)	9.13
12	Ron Hill Cambuslang H B	31.45	A McDonald (12)	11.08	J Pal (16)	10.41	T McNally (12)	9.56
13	Ron Hill Cambuslang H D	31.51	B Tallent (16)	11.17	A Gray (12)	10.19	C Neil (13)	10.15
14	Fife AC B	31.54	M Cameron (30)	11.56	G Bee (17)	10.05	T Greene (14)	9.53
15	Falkirk Victoria Harriers A	32.02	A Stewart (7)	10.49	R Munnoch (24)	11.57	K Johnstone (15)	9.16
16	Victoria Park AAC B	32.11	M McCue (6)	10.47	A Gibb (23)	11.47	D Watson (16)	9.37
17	Giffnock North AAC C	32.14	A Dorrewko (26)	11.35	J McLachlan (15)	10.12	G Mitchell (17)	10.27
18	Springburn Harriers A	32.18	S Taggart (15)	11.10	N Copeland (20)	10.57	I Marshall (18)	10.11
19	Ron Hill Cambuslang H C	32.29	P McManus (21)	11.27	A Scott (19)	10.38	S Shinwell (19)	10.24
20	Kilbarchan AAC A	32.46	C Devenny (28)	11.44	C Pirrie (26)	11.15	G Dobbie (20)	9.47
21	Kirkintilloch Olympians A	33.07	M Young (32)	12.05	J Witchell (22)	10.28	R Spinks (21)	10.34
22	George Heriots School CCC A	33.09	J Gibson (18)	11.22	P Purves (30)	11.50	S Campbell (22)	9.57
23	Inverclyde AC C	33.12	K O'Rourke (36)	12.43	M Miller (33)	11.02	M Doherty (23)	9.27
24	Irvine AC A	33.31	C Morrison (25)	11.33	K Aitken (25)	11.25	J Smith (24)	10.33
25	Giffnock North AAC D	33.38	A Fraser (27)	11.41	S Milligan (18)	10.22	P McCarney (25)	11.35
26	Fife AC C	34.04	M Westwater (41)	13.03	K Wallace (36)	10.47	S Cassidy (26)	10.14
27	Kwik Fit Corstorphine B	34.09	A McColl (24)	11.32	P Robertson (27)	11.31	R Burn-Finlayson (27)	11.06
28	Inverclyde AC B	34.12	S Bunting (34)	12.26	M Tormey (40)	12.21	M Pollard (28)	9.25
29	Ron Hill Cambuslang H F	34.12	D Brodie (29)	11.47	C Hendry (28)	11.21	K Robertson (29)	11.04
30	Irvine AC B	35.09	P McCrorie (23)	11.31	C Bevan (34)	12.16	J Wyllie (30)	11.22
31	Ron Hill Cambuslang H E	35.11	G Semple (42)	13.12	D Kelsey (39)	11.08	A Davidson (31)	10.51
32	East Kilbride AAC B	35.12	R Whitecross (40)	12.58	C Kelly (37)	11.17	S Reid (32)	10.57
33	Kirkintilloch Olympians B	35.30	A Langford (37)	12.44	R McNeil (31)	10.39	M Houston (33)	12.07
34	Kilbarchan AAC B	35.39	M Fulton (22)	11.30	G Jackson (38)	12.48	S Crapnell (34)	11.21
35	Kirkintilloch Olympians C	35.54	R Kelly (38)	12.46	S Davies (35)	11.03	S Kerr (35)	12.05
36	Central Athletic Club B	36.07	G McDougall (44)	13.48	A Hay (43)	12.16	P whitelam (36)	10.03
37	Falkirk Victoria Harriers B	36.19	C Campbell (43)	13.41	D Todd (41)	11.33	C Russell (37)	11.05
38	Kilbarchan AAC C	40.08	G Graham (39)	12.46	C McDowall (42)	13.08	T McCann (38)	14.14
	Giffnock North AAC A	20.19	C McDougall (5)	10.44	G Ross (2)	9.35		
	Babcock Pitreavie AAC A	21.33	E Simpson (17)	11.21	P McCloskey (10)	10.12		
	Giffnock North AAC E	21.36	S Bale (19)	11.23	J Walker (11)	10.13		
	Giffnock North AAC F	23.11	J McLaughlan (33)	12.13	G Thomson (29)	10.58		
	Victoria Park AAC C	23.24	P Dillon (31)	12.01	A Paterson (32)	11.23		
	Digital Ayr Seaforth B	11.10	C Shaw (14)	11.10				

Senior Women

1	City of Glasgow AC A	48.24	L Moody (1)	16.10	E Cochrane (1)	16.43	L MacDougall (1)	15.31
2	City of Glasgow AC B	51.48	A Eriolani (4)	16.54	J McDevitt (2)	17.37	C McFadden (2)	17.17
3	City of Glasgow AC C	52.45	G Walker (7)	17.12	J Knowles (5)	17.54	J Thomson (3)	17.39
4	City of Glasgow AC D	53.11	K Baird (11)	17.38	A Potts (4)	17.27	L Campbell (4)	18.06
5	Helensburgh AAC A	53.43	A McBride (5)	16.58	S Davies (6)	18.45	J McColl (5)	18.00
6	Edinburgh University A	54.02	K Scott (12)	17.40	K Sinclair (7)	18.17	A Bloomfield (6)	18.05
7	City of Edinburgh AC A	54.17	L Harrison (14)	17.59	C Wallace (8)	18.04	S Aitken (7)	18.14
8	Shettleston Harriers Ladies A	55.04	P McKay (13)	17.41	E Reid (9)	18.55	A Hughes (8)	18.28
9	Babcock Pitreavie AAC A	55.07	L Marr (6)	17.06	A Whyte (12)	20.21	H Norman (9)	17.40
10	Edinburgh University B	56.22	Ruth (16)	18.18	C Payne (13)	19.13	L Hewitt (10)	18.51
11	Irvine AC A (V)	56.29	H Morton (15)	18.08	J Byng (10)	18.39	L McGarry (11)	19.42
12	City of Glasgow AC E	57.08	C Gray (20)	18.56	B Cockburn (16)	20.10	A Castro (12)	18.02
13	Kilbarchan AAC B (V)	57.22	E Masson (9)	17.28	K Chapman (11)	19.29	M Menzies (13)	20.25
14	Giffnock North AAC A	59.25	S Hughes (18)	18.29	C McGarvey (17)	21.34	J Pritz (14)	19.22
15	Greenock Glenpark H A (V)	59.32	A Hay (17)	18.23	J Smith (14)	20.05	S Curran (15)	21.04
16	City of Glasgow AC F	59.47	C Thompson (21)	18.57	M Taylor (15)	19.58	A Harvie (16)	20.52
17	Kwik Fit Corstorphine A	61.56	L Hederson (24)	20.22	S Aitken (19)	20.56	G Pilkington (17)	20.38
18	Edinburgh University C	63.38	F Allan (23)	19.50	L Cameron (21)	21.35	K Simpson (18)	22.13
19	Kilbarchan AAC A	63.53	S Pearson (10)	17.29	H Lindie (18)	22.48	M Moore (19)	23.36
20	Troon Tortoises AC A	65.51	M Gemmill (27)	21.59	S Gray (22)	21.03	C Meriden (20)	22.49
	Strathkelvin Ladies AC A	34.35	M Gemmell (3)	16.41	W Gorman (3)	17.54		
	Edinburgh University D	41.21	E Surguy (26)	21.36	K McConville (20)	19.45		
	Kirkintilloch Olympians A	44.38	A Stewart (25)	20.52	L Johnstone (23)	23.46		
	Glasgow University A	16.15	S Partridge (2)	16.15				
	Inverclyde Athletic Club A	17.22	A McKee (8)	17.22				
	East Kilbride AAC A	18.33	K Smith (19)	18.33				
	Irvine AC B	19.01	A Scott (22)	19.01				

Fastest Times

L MacDougall	City of Glasgow AC A	15.31
L Moody	City of Glasgow AC A	16.10
S Partridge	Glasgow University A	16.15
M Gemmell	Strathkelvin Ladies AC A	16.41
E Cochrane	City of Glasgow AC A	16.43
A Eriolani	City of Glasgow AC B	16.54
A McBride	Helensburgh AAC A	16.58
L Marr	Babcock Pitreavie AAC A	17.06
G Walker	City of Glasgow AC C	17.12
C McFadden	City of Glasgow AC B	17.17
A McKee	Inverclyde Athletic Club A	17.22
A Potts	City of Glasgow AC D	17.27
E Masson	Kilbarchan AAC B	17.28
S Pearson	Kilbarchan AAC A	17.29
J McDevitt	City of Glasgow AC B	17.37
K Baird	City of Glasgow AC D	17.38
J Thomson	City of Glasgow AC C	17.39
H Norman	Babcock Pitreavie AAC A	17.40
K Scott	Edinburgh University A	17.40
P McKay	Shettleston Harriers Ladies A	17.41
W Gorman	Strathkelvin Ladies AC A	17.54
J Knowles	City of Glasgow AC C	17.54
L Harrison	City of Edinburgh AC A	17.59
J McColl	Helensburgh AAC A	18.00
A Castro	City of Glasgow AC E	18.02
C Wallace	City of Edinburgh AC A	18.04

Senior Men

1	Inverclyde Athletic Club A	53.51	T Tipping (4)	13.57	S Connachan (3)	13.46	T Murray (1)	12.51	C Robison (1)	13.17
2	Kilbarchan AAC A	53.53	R Fitzsimmons (2)	13.37	T Hearle (1)	13.53	A Puckrin (2)	13.13	R Quinn (2)	13.10
3	Ron Hill Cambuslang H A	55.35	J Brown (7)	14.01	A Robertson (4)	13.43	C Thomson (3)	13.46	D Runcieman (3)	14.05
4	Fife AC A	56.00	J Cunningham (3)	13.55	A Milligan (5)	14.00	S Moss (4)	14.03	T Mitchell (4)	14.02
5	Clydesdale Harriers A	56.17	J Austin (21)	14.35	I Murphy (6)	13.22	S O'Connor (5)	14.19	A Adams (5)	14.01
6	City of Edinburgh AC A	57.05	G Pyrah (1)	13.29	D Sharkey (2)	14.09	A Donachie (7)	14.58	S Murray (6)	14.29
7	JW Kilmarnock Harriers A	57.23	E Tonner (5)	13.59	Connell (10)	14.46	J Tonner (6)	13.46	J Goldie (7)	14.52
8	Springburn Harriers A	57.49	J Hendry (9)	14.05	J Bell (7)	14.15	A Chalmers (9)	14.43	J McLaughlan (8)	14.46
9	Irvine AC A	58.08	L Richardson (6)	14.00	C Miller (11)	14.48	W Richardson (8)	14.02	D Miller (9)	15.18
10	Falkirk Victoria Harriers A	58.41	M McQuaid (8)	14.03	R McCallum (14)	14.52	S Lawson (10)	14.42	D Hart (10)	15.04
11	Inverclyde Athletic Club B	59.06	S McAlister (18)	14.25	G Gaffney (16)	14.44	S Hodge (15)	14.49	S McAlister (11)	15.08
12	Ron Hill Cambuslang H C (V)	59.09	B Gough (34)	15.06	D Dymond (22)	14.33	C McDougall (17)	14.59	A Jenkins (12)	14.31
13	Digital Ayr Seaforth A	59.13	C Souter (12)	14.19	W Boyd (12)	14.30	A Auld (16)	15.48	I Craig (13)	14.36
14	Fife AC B	59.14	A Cassells (10)	14.05	O Greene (8)	14.17	J Meek (11)	15.17	B Cruickshank (14)	15.35
15	Victoria Park AAC A	59.22	A Young (19)	14.31	C Little (21)	15.00	S Barnett (12)	14.15	A Nicol (15)	15.36
16	Ron Hill Cambuslang H B	59.47	J Kealy (J) (23)	14.41	G Melvin (J) (9)	13.44	S Carson (J) (13)	15.26	G Reid (16)	15.56
17	Kirkintilloch Olympians A	60.01	J McLoone (20)	14.32	C Burns (20)	14.53	S Kerr (14)	14.27	E McLoone (17)	16.09
18	Law & District A	60.02	J Reid (28)	14.53	J Flood (23)	14.50	A Ramage (21)	15.24	P Kelly (18)	14.55
19	Metro Aberdeen A (V)	60.05	R Taylor (35)	15.07	P Jennings (35)	15.16	C Youngson (26)	15.25	S Davies (19)	14.17
20	FMC Carnegie Harriers A (V)	60.22	G Clark (29)	14.54	I Stewart (17)	14.15	K Donkin (18)	15.31	I Taylor (20)	15.42
21	Edinburgh University A	60.51	L Goffe (30)	14.57	B Roberts (28)	15.03	P McIntyre (23)	15.22	O Jefferis (21)	15.29
22	Greenock Glenpark H A	60.51	A Morrison (17)	14.25	S McLoone (13)	14.30	J Cuffe (19)	15.55	D McLaughlin (22)	16.01
23	Springburn Harriers B	60.56	R Souter (40)	15.20	M Paton (29)	14.42	A Ross (30)	16.16	A McIndoe (23)	14.38
24	Kwik Fit Corstorphine A	61.03	C O'Brien (15)	14.22	K Hood (15)	14.41	B Clark (20)	16.00	M Anderson (24)	16.00
25	Kilbarchan AAC E (V)	61.31	T Anderson (13)	14.20	A McManus (19)	15.04	D Petrie (22)	15.48	D Mense (25)	16.19
26	Victoria Park AAC B	61.37	D Watson (47)	15.46	J MacMillan (41)	15.15	E Cameron (33)	15.42	D Fotheringham (26)	14.54
27	Metro Aberdeen B	61.46	M Johnston (37)	15.14	J Buchan (40)	15.38	K Tulloch (28)	15.16	J Steward (27)	15.38
28	East Kilbride AAC A	62.12	D Condra (27)	14.51	G Colvin (44)	16.20	D Turnbull (35)	15.44	G Baillie (28)	15.17
29	Calderglen Harriers A	62.30	M Duthie (36)	15.08	G Allan (46)	16.13	J McMonagle (42)	16.17	A Derrick (29)	14.52
30	Maryhill Harriers A	62.33	M McCartney (43)	15.32	S Walker (33)	14.44	A Gallacher (27)	15.51	J McLeod (30)	16.26
31	Strathclyde University A	62.39	N Darroch (56)	16.15	M Fitchie (56)	16.19	J Beaumont (47)	15.33	D Gow (31)	14.32
32	Babcock Pitreavie AAC A	62.40	J Farquhar (24)	14.47	K Duncan (30)	15.25	C Mathieson (34)	16.33	A Cowan (32)	15.55
33	Clydesdale Harriers C (V)	63.03	R Young (46)	15.42	J Hanratty (37)	15.05	M McDonald (31)	15.46	J Shields (33)	16.30
34	Central AC A	63.06	C McHardy (32)	15.01	J McDonald (18)	14.12	E Gault (25)	16.24	A Purdie (34)	17.29
35	Glasgow University A	63.20	L Campbell (42)	15.30	S Robertson (38)	15.18	J Dupuy (40)	16.38	C Partridge (35)	15.54
36	Fife AC C	63.27	L Edwards (57)	16.16	O Graeme (48)	15.17	J Thomson (32)	15.08	S Latimer (36)	16.46
37	Help A	63.57	M Dickie (58)	16.16	J Baird (49)	15.19	S Morton (44)	16.09	T Harley (37)	16.13
38	Digital Ayr Seaforth B	64.02	D Munro (49)	15.51	K Neil (50)	16.04	A Law (43)	15.47	J Caird (38)	16.20
39	Inverclyde Athletic Club D	64.09	S Dalglish (41)	15.25	L McMahon (42)	15.38	J Bannister (37)	16.07	I McDonald (39)	16.59
40	Helensburgh AAC A	64.27	M Cornish (39)	15.19	M Davies (43)	15.48	D Theaker (36)	16.00	D MacDonald (40)	17.20
41	Shettleston Harriers A	64.37	D Crowe (25)	14.50	M Graham (27)	15.05	J McCall (29)	16.18	T McCall (41)	18.24
42	Ron Hill Cambuslang H D	65.01	S Eaglesham (61)	16.35	M O'Hagen (51)	15.23	D Fairweather (48)	16.23	I Gordon (42)	16.40
43	Irvine AC B	65.14	J White (44)	15.35	J Stevenson (45)	15.43	S Nisbet (46)	16.42	B Adam (43)	17.14
44	Hunters Bog Trotters A	65.31	M Marshall (51)	15.53	G Mitchell (25)	13.53	R Thomas (41)	17.46	G Macready (44)	17.59
45	City of Edinburgh AC B (V)	66.10	C Laidlaw (45)	15.39	C Smith (47)	15.45	D Baker (49)	17.00	W Gallagher (45)	17.46
46	Clydesdale Harriers B	66.18	E Calvert (16)	14.25	W Jenkins (26)	15.29	P Dolan (45)	18.02	P Rudzinski (46)	18.22
47	Greenock Glenpark H B	66.27	C McLean (55)	16.08	W McLaughlin (54)	16.10	N Hay (52)	17.20	A O'Rourke (47)	16.49
48	Edinburgh University B	67.06	J Bootemley (31)	15.00	C Godfree (36)	15.40	T Hartley (39)	16.45	H Rawlinson (48)	19.41
49	City of Edinburgh AC C	67.28	N MacDonald (50)	15.52	E Stevenson (69)	18.41	B Begley (56)	16.30	D Hunter (49)	16.25
50	Victoria Park AAC C	67.36	J Marr (38)	15.18	P Nocol (39)	15.32	K McVey (50)	17.49	D Carlin (50)	18.57
51	East Kilbride AAC B	67.46	M Smith (59)	16.16	B Gallagher (64)	17.15	S Whitehill (55)	17.10	A Mitchell (51)	17.05
52	Springburn Harriers C	67.48	D O'Neill (69)	17.05	E Dickson (65)	16.37	F Thom (54)	16.40	D McVey (52)	17.26
53	Inverclyde Athletic Club E	68.02	R McDonald (54)	16.03	C Spence (52)	15.56	G Hegarty (51)	17.22	T Tracey (53)	18.41
54	Penicuik Harriers A	68.25	D Cairns (68)	16.52	C Graham (67)	17.02	P Browne (57)	17.18	R Walker (54)	17.13
55	Kwik Fit Corstorphine B (V)	69.16	E Ross (52)	15.56	M Hulme (53)	16.09	S Clarke (64)	20.34	M Caldwell (55)	16.37
56	City of Edinburgh AC D	70.44	J Buick (66)	16.48	M Sneddon (77)	19.39	D Garner (59)	15.21	A MacEwen (56)	18.56
57	JW Kilmarnock Harriers B	71.12	R Ferguson (71)	17.17	G Cairns (63)	16.10	I Gebbie (58)	17.46	A Ballantyne (57)	19.59

58	Babcock Pitreavie AAC B	71.28	G Gardiner (72)	17.21	J Garvie (70)	17.15	C Simpson (66)	18.13	A Russell (58)	18.39
59	Edinburgh University C	71.44	S Cross (65)	16.47	O Edwards (66)	16.55	M Bell (69)	19.58	C Godfree (59)	18.04
60	Kirkintilloch Oly B (V)	71.56	D Douglas (75)	17.36	G McLean (72)	17.14	I Campbell (68)	18.33	K McNeil (60)	18.33
61	Caldergleng Harriers B	71.59	S Robertson (76)	17.53	G Mullen (76)	18.22	A Muir (70)	17.53	R Shanks (61)	17.51
62	Maryhill Harriers B	72.26	A Kinniburgh (63)	16.43	W Mitchell (59)	16.29	J McLoud (62)	19.05	L McLue (62)	20.09
63	Troon Tortoises A	72.31	I Beattie (48)	15.50	G McGregor (57)	17.00	G Malone (63)	19.47	W Spark (63)	19.54
64	Penicuik Harriers B	72.33	M Browne (82)	18.51	S Davidson (80)	18.38	T Hall (73)	17.16	D Buchan (64)	17.48
65	Victoria Park AAC D	73.25	R Newton (81)	18.25	A Brown (71)	16.13	P McGregor (67)	18.20	W Parker (65)	20.27
66	East Kilbride AAC C	73.30	A Smith (78)	18.15	G Haddow (82)	19.36	E Ramage (71)	16.41	K Clements (66)	18.58
67	Irvine AC C	74.39	M Flinn (74)	17.32	R Cheyne (75)	18.20	I McGarry (74)	19.20	S Kay (67)	19.27
68	Greenock Glenpark H C	74.49	E Currie (62)	16.42	A McShane (68)	17.15	R Hodelet (65)	18.51	N Orr (68)	22.01
69	Inverclyde Athletic Club F	80.00	A Cameron (85)	20.40	G Newman (84)	23.18	C Leck (75)	18.33	M Hicks (69)	17.29
	Inverclyde Athletic Club C	45.36	D Fraser (26)	14.51	G King (24)	14.54	C Morrison (24)	15.51		
	Dumfries Running Club A	47.11	J Laird (11)	14.14	D Brown (31)	16.00	M MacPherson (38)	16.57		
	FMC Carnegie Harriers B	50.08	J Lambie (77)	18.01	R McKenzie (58)	15.08	T Lawlor (53)	16.59		
	Kilbarchan AAC C	51.59	S Hards (67)	16.48	J McMillan (61)	16.31	P Duffy (60)	18.40		
	Garscube Harriers A	52.08	S Sheridan (70)	17.10	I Cullen (62)	16.12	S Cullen (61)	18.46		
	Fife AC D	54.37	G Bennison (83)	19.13	D Gunstone (73)	16.22	D Francis (72)	19.02		
	Kilbarchan AAC B	30.16	M McGinley (33)	15.04	J Snodgrass (32)	15.12				
	Dundee Hawkhill Harriers A	30.18	N Gunstone (14)	14.20	S Mason (34)	15.58				
	City of Edinburgh AC E	32.27	L Kay (22)	14.38	J Graham (55)	17.49				
	Ron Hill Cambuslang H E	33.18	J Bates (60)	16.31	J Robertson (60)	16.47				
	JW Kilmarnock Harriers C	35.50	A Murray (79)	18.17	D Mitchell (74)	17.33				
	Kirkintilloch Olympians C	36.44	W Earnshaw (73)	17.28	G McConnell (78)	19.16				
	Law & District B	37.27	W Drysdale (86)	20.54	M Hand (79)	16.33				
	Irvine AC D	37.42	S Browning (80)	18.23	J Morton (81)	19.19				
	Edinburgh University D	38.01	D Wann (87)	21.03	M Lewis (83)	16.58				
	Falkirk Victoria Harriers B	15.58	E Donaldson (53)	15.58						
	Kilbarchan AAC D	16.46	A Greig (J) (64)	16.46						
	Caldergleng Harriers C	19.35	C Steven (84)	19.35						

Fastest Times

T Murray	Inverclyde Athletic Club A	12.51
L Quinn	Kilbarchan AAC A	13.10
R McCulloch	Kilbarchan AAC A	13.13
C Robinson	Inverclyde Athletic Club A	13.17
I Murphy	Clydesdale Harriers A	13.22
G Pyrah	City of Edinburgh AC A	13.29
R Fitzsimmons	Kilbarchan AAC A	13.37
A Robertson	Ron Hill Cambuslang H A	13.43
G Melvin (J)	Ron Hill Cambuslang Harriers B	13.44
J Tonner	JW Kilmarnock Harriers A	13.46
C Thomson	Ron Hill Cambuslang Harriers A	13.46
S Connachan	Inverclyde Athletic Club A	13.46
G Mitchell	Hunters Bog Trotters A	13.53
T Hearle	Kilbarchan AAC A	13.53
J Cunningham	Fife AC A	13.55
T Tipping	Inverclyde Athletic Club A	13.57
E Tonner	JW Kilmarnock Harriers A	13.59
L Richardson	Irvine AC A	14.00
A Milligan	Fife AC A	14.00
A Adams	Clydesdale Harriers A	14.01
J Brown	Ron Hill Cambuslang Harriers A	14.01
W Richardson	Irvine AC A	14.02
T Mitchell	Fife AC A	14.02
M McQuaid	Falkirk Victoria Harriers A	14.03
S Moss	Fife AC A	14.03
A Cassells	Fife AC B	14.05